## Fall Composting Workshop

Learn how to turn food scraps & fall leaves into healthy soil!





Guest Speaker: Mark King, Maine Compost School

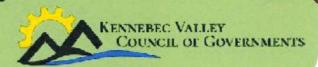
- Location: 171 Main Street, Kingfield
- Date: Wednesday, October 15, 2025
- WTime: 9:00 AM 11:00 AM
- FREE & open to the public
- **9** Why Compost?
- Reduce trash & save money on disposal
- Protect Maine's environment & waterways
- Create free, nutrient-rich soil for your garden

## What to Expect:

- . Learn how to start and maintain your compost pile or bin
- Fall Leaves Focus: Tips for mulching & layering leaves with food scraps
- · Raffle Giveaway: Win an Earth Machine compost bin
- . Composting Supplies: MRRA & local vendors with tools, bins & info available for sale
- · Resource Table: Guides on composting, food waste reduction, and local drop-off options

For more info or to register, contact: Kathryn Oak - AVCOG KOak@avcog.org | (207) 713-9186 Ext. 205





## Kathryn Oak

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